
MONDAY TO FRIDAY 7:30AM TO 11:00AM
SATURDAY TO SUNDAY 7:00AM TO 11:00AM

**BACON & EGG
FITZ MUFFIN**

*English Muffin, Fried Eggs,
Bacon, Swiss Cheese, Pan
Fried Potatoes with Onions &
Spinach*

\$20.50

**SOUR DOUGH
AVO MELT**

*Avocados, Pumpkin,
Spinach, Pan Potatoes,
Goat Cheese, Two Fried
Eggs with Sour Dough*

\$21.90

**HUEVOS
RANCHEROS**

*Fried Eggs, Tomato Salsa,
Re-fried Beans, Tortilla,
Spinach Pan Potato &
Cheese*

\$19.50

**SUNRISE
BREAKFAST**

*Cut Fruit, Honey, Granola,
Greek Yogurt, Local
Bananas, Charcoal Brioche
Slice & Field Berries*

\$19.50

BEANS TOASTY

*Braised Bean & Onion
Cassoulet, Chicken Sausage,
Grilled Mushrooms, Wilted
Spinach, Grilled Sour Dough
Bread, Goat Cheese, Pan
Potatoes & Fried Eggs*

\$23.90

BAGEL BENNIES

*Poached Free Run Eggs, Bagel,
Spinach & Burnt Lime Sauce
CHOICE OF:
Smoked Salmon
Smashed Avocado Salsa
Maple Bacon*

\$24.50

WE RECOMMEND

BEACH SIDE BREAKFAST

*Double Smoked Bacon, Grilled Bratwurst, Chicken
Pumpkin Sausage, Pan Fried Potatoes, Loaf
Bread, Roast Tomato & Eggs of Choice*

\$25.50

***This Menu Can Be Made 100%
Gluten Free, Vegan and Vegetarian.
Just Advise Your Server.***

MONDAY TO FRIDAY 7:30AM TO 11:00AM
SATURDAY TO SUNDAY 7:00AM TO 11:00AM

KIDS MENU

\$13.90

CHOICE OF:

**TWO EGGS WITH
TOAST**

**EGG & BACON
MUFFIN**

SAUSAGE & EGGS

**EGGS & PAN
POTATOES**

**CUT FRUIT, GRANOLA
& YOGHURT**

SMOOTHIE BOWLS

DRINK

\$10.90

BOWL

\$17.90

Includes: Honey Granola

CHOICES OF:

**FARMERS BERRIES
SMOOTHIE**

*Blended Queensland Berries, Local
Bananas, Frozen Almond Milk, Toasted
Black Chai Seeds*

ISLAND SMOOTHIE

*Mangoes, Pawpaw's, Banana's,
Coconut Cream, Toasted Coconut
Shreds & Pineapple Chucks*

JUICE

\$3.50

**APPLE JUICE
CRANBERRY JUICE
PINEAPPLE JUICE
ORANGE JUICE**

COFFEE

SMALL: \$4.00

LARGE: \$5.00

**ESPRESSO
LATTE
CAPPUCCINO
CHAI LATTE
HOT CHOCOLATE**